

The following ICD10 codes will be used to help identify patients for inclusion:

Anxiety and depression

Organic, including symptomatic, mental disorders

F06.3 Organic mood [affective] disorders

F06.4 Organic anxiety disorder

Mood (affective) disorders

F31.3 Bipolar affective disorder, current episode mild or moderate depression

F31.4 Bipolar affective disorder, current episode severe depression without psychotic symptoms

F31.5 Bipolar affective disorder, current episode severe depression with psychotic symptoms

F32.0 Mild depressive episode

F32.1 Moderate depressive episode

F32.2 Severe depressive episode

F32.8 Other depressive episodes

F32.9 Depressive episodes unspecified

F33.0 Recurrent depressive disorder, current episode mild

F33.1 Recurrent depressive disorder, current episode moderate

F33.2 Recurrent depressive disorder, current episode severe without psychotic symptoms

F33.3 Recurrent depressive disorder, current episode severe with psychotic symptoms

F33.8 Other recurrent depressive disorders

F33.9 Recurrent depressive disorder, unspecified

F34.0 Cyclothymia

F34.1 Dysthymia

F34.8 Other persistent mood (affective) disorders

F34.9 Persistent mood (affective) disorder, unspecified

F38 Other mood (affective) disorders

F39 Unspecified mood (affective) disorders

Neurotic, stress-related and somatoform disorders

F41.0 Panic disorder [episodic paroxysmal anxiety]

F41.1 Generalized anxiety disorder

F41.2 Mixed anxiety and depressive disorder

F41.3 Other mixed anxiety disorders

F41.8 Other specified anxiety disorders

F41.9 Anxiety disorder, unspecified

F42.0 Predominantly obsessional thoughts or ruminations

F42.1 Predominantly compulsive acts (obsessional rituals)

F42.2 Mixed obsessional thoughts and acts

F42.8 Other obsessive compulsive disorders

F42.9 Obsessive compulsive disorders, unspecified

F43.0 Acute stress reaction

F43.1 Post Traumatic Stress Disorder

F43.2 Adjustment disorder

F43.8 Other reactions to severe stress

F43.9 Reaction to severe stress, unspecified

F44.0 Dissociative amnesia

F44.1 Dissociative fugue

F44.2 Dissociate stupor

F44.3 Trance and possession disorders

F44.4 Dissociative motor disorders

- F44.5 Dissociative convulsions
- F44.6 Dissociative anaesthesia and sensory loss
- F44.7 Mixed dissociative (conversion) disorder
- F44.8 Other dissociative (conversion) disorders
- F44.9 Dissociative (conversion) disorder, unspecified
- F45.2 Hypochondriacal disorder
- F48.1 Depersonalization-derealization syndrome
- F60.3 Emotionally unstable personality disorder
- F60.6 Anxious [avoidant] personality disorder
- F92.0 Depressive conduct disorder
- F93.0 Separation anxiety disorder of childhood
- F93.1 Phobic anxiety disorder of childhood
- F93.2 Social anxiety disorder of childhood
- F93.3 Sibling rivalry disorder
- F93.8 Other childhood emotional disorders
- F93.9 Childhood emotional disorder, unspecified

Eating disorders

- F50.0 Anorexia nervosa
- F50.1 Atypical anorexia nervosa
- F50.2 Bulimia nervosa
- F50.3 Atypical bulimia nervosa
- F50.4 Overeating associated with other psychological disturbances
- F50.5 Vomiting associated with other psychological disturbances
- F50.8 Other eating disorders
- F50.9 Eating disorder, unspecified

Self harm

- X60 Intentional self-poisoning by and exposure to nonopioid analgesics, antipyretics, and antirheumatics
- X61 Intentional self-poisoning by and exposure to antiepileptic, sedative-hypnotic, antiparkinsonism and psychotropic drugs not elsewhere classified
- X62 Intentional self-poisoning by and exposure to narcotics and psychodyspleptics (hallucinogens) not elsewhere classified
- X63 Intentional self-poisoning by and exposure to other drugs acting on the autonomic nervous system
- X64 Intentional self-poisoning by and exposure to other unspecified drugs, medicaments and biological substances
- X65 Intentional self-poisoning by and exposure to alcohol
- X66 Intentional self-poisoning by and exposure to organic solvents and halogenated hydrocarbons and their vapours
- X67 Intentional self-poisoning by and exposure to other gases and vapours
- X68 Intentional self-poisoning by and exposure to pesticides
- X69 Intentional self-poisoning by and exposure to other and unspecified chemicals and noxious substances
- X70 Intentional self-harm by hanging, strangulation and suffocation
- X71.1 Intentional self-harm by drowning and submersion - Residential institution
- X71.2 Intentional self-harm by drowning and submersion - School, other institution and public administrative area
- X71.3 Intentional self-harm by drowning and submersion - Sports and athletics area
- X71.5 Intentional self-harm by drowning and submersion - Trade and service area

X71.8 Intentional self-harm by drowning and submersion - Other specified places
X71.9 Intentional self-harm by drowning and submersion - Unspecified place
X72.0 Intentional self-harm by handgun discharge - Home
X72.1 Intentional self-harm by handgun discharge - Residential institution
X72.2 Intentional self-harm by handgun discharge - School, other institution and public administrative area
X72.3 Intentional self-harm by handgun discharge - Sports and athletics area
X72.4 Intentional self-harm by handgun discharge - Street and highway
X72.9 Intentional self-harm by handgun discharge - Unspecified place
X73.0 Intentional self-harm by rifle, shotgun and larger firearm discharge - Home
X73.1 Intentional self-harm by rifle, shotgun and larger firearm discharge - Residential institution
X73.9 Intentional self-harm by rifle, shotgun and larger firearm discharge - Unspecified place
X74.0 Intentional self-harm by other and unspecified firearm discharge - Home
X74.1 Intentional self-harm by other and unspecified firearm discharge - Residential institution
X74.9 Intentional self-harm by other and unspecified firearm discharge - Unspecified place
X75.0 Intentional self-harm by explosive material - Home
X75.1 Intentional self-harm by explosive material - Residential institution
X75.5 Intentional self-harm by explosive material - Trade and service area
X75.9 Intentional self-harm by explosive material - Unspecified place
X76.0 Intentional self-harm by smoke, fire and flames - Home
X76.1 Intentional self-harm by smoke, fire and flames - Residential institution
X76.2 Intentional self-harm by smoke, fire and flames - School, other institution and public administrative area
X76.4 Intentional self-harm by smoke, fire and flames - Street and highway
X76.5 Intentional self-harm by smoke, fire and flames - Trade and service area
X76.8 Intentional self-harm by smoke, fire and flames - Other specified places
X76.9 Intentional self-harm by smoke, fire and flames - Unspecified place
X77.0 Intentional self-harm by steam, hot vapours and hot objects - Home
X77.1 Intentional self-harm by steam, hot vapours and hot objects - Residential institution
X77.2 Intentional self-harm by steam, hot vapours and hot objects - School, other institution and public administrative area
X77.9 Intentional self-harm by steam, hot vapours and hot objects - Unspecified place
X78.0 Intentional self-harm by sharp object - Home
X78.1 Intentional self-harm by sharp object - Residential institution
X78.2 Intentional self-harm by sharp object - School, other institution and public administrative area
X78.3 Intentional self-harm by sharp object - Sports and athletics area
X78.4 Intentional self-harm by sharp object - Street and highway
X78.5 Intentional self-harm by sharp object - Trade and service area
X78.6 Intentional self-harm by sharp object - Industrial and construction area
X78.7 Intentional self-harm by sharp object - Farm
X78.8 Intentional self-harm by sharp object - Other specified places
X78.9 Intentional self-harm by sharp object - Unspecified place
X79.0 Intentional self-harm by blunt object - Home
X79.1 Intentional self-harm by blunt object - Residential institution
X79.2 Intentional self-harm by blunt object - School, other institution and public administrative area
X79.3 Intentional self-harm by blunt object - Sports and athletics area
X79.4 Intentional self-harm by blunt object - Street and highway
X79.5 Intentional self-harm by blunt object - Trade and service area
X79.7 Intentional self-harm by blunt object - Farm

- X79.8 Intentional self-harm by blunt object - Other specified places
- X79.9 Intentional self-harm by blunt object - Unspecified place
- X80.0 Intentional self-harm by jumping from a high place - Home
- X80.1 Intentional self-harm by jumping from a high place - Residential institution
- X80.2 Intentional self-harm by jumping from a high place - School, other institution and public administrative area
- X80.3 Intentional self-harm by jumping from a high place - Sports and athletics area
- X80.4 Intentional self-harm by jumping from a high place - Street and highway
- X80.5 Intentional self-harm by jumping from a high place - Trade and service area
- X80.6 Intentional self-harm by jumping from a high place - Industrial and construction area
- X80.7 Intentional self-harm by jumping from a high place - Farm
- X80.8 Intentional self-harm by jumping from a high place - Other specified places
- X80.9 Intentional self-harm by jumping from a high place - Unspecified place
- X81.0 Intentional self-harm by jumping or lying before moving object - Home
- X81.2 Intentional self-harm by jumping or lying before moving object - School, other institution and public administrative area
- X81.4 Intentional self-harm by jumping or lying before moving object - Street and highway
- X81.5 Intentional self-harm by jumping or lying before moving object - Trade and service area
- X81.8 Intentional self-harm by jumping or lying before moving object - Other specified places
- X81.9 Intentional self-harm by jumping or lying before moving object - Unspecified place
- X82.1 Intentional self-harm by crashing of motor vehicle - Residential institution
- X82.3 Intentional self-harm by crashing of motor vehicle - Sports and athletics area
- X82.4 Intentional self-harm by crashing of motor vehicle - Street and highway
- X82.5 Intentional self-harm by crashing of motor vehicle - Trade and service area
- X82.7 Intentional self-harm by crashing of motor vehicle - Farm
- X82.8 Intentional self-harm by crashing of motor vehicle - Other specified places
- X82.9 Intentional self-harm by crashing of motor vehicle - Unspecified place
- X83 Intentional self-harm by other specified means
- X84 Intentional self-harm by other unspecified means