

ICU Rehabilitation: Organisational Questionnaire

A. Introduction

Please complete one organisational questionnaire for each hospital in your Trust/Health Board with an adult critical (Level 2/3) care unit.

What is this study about:

This study aims to evaluate the rehabilitation provided to critically ill adults within critical care units, as well as throughout the recovery pathway to encompass both ward based and community care.

This questionnaire is designed to capture data on the organisation of the service providing rehabilitation for patients who have had a critical care stay.

Who should complete this questionnaire:

The organisational questionnaire is disseminated to all participating hospitals to collect data on the organisational structures, policies and staffing required to deliver a high-quality rehabilitation service (as outlined in the organisational objectives). It is assigned to the Local Reporter for completion with input from the Lead for rehabilitation (if there is one) and the multidisciplinary team (MDT) as required.

Questions or help:

Further information regarding the study can be found here: <https://www.ncepod.org.uk/ICURehab.html>

A list of definitions can be found here.

If you have any queries about the study or this questionnaire, please contact: icurehab@ncepod.org.uk or telephone 020 7251 9060.

This study was commissioned by The Healthcare Quality Improvement Partnership (HQIP) as part of the Clinical Outcome Review Programme into Medical & Surgical care

B. Hospital details/ facilities

1. Please select the category that best describes this hospital

- Regional teaching hospital Local general hospital
 Supra-regional hospital Standalone specialist hospital

If not listed above, please specify here...

2. How many inpatient beds does this hospital have?

- 0 - 50 >50 - 100 >100 - 250 >250 - 500
 >500 - 1000 >1000

If not listed above, please specify here...

3. How many adult critical care* units (that include Level 3 care) are at this hospital?

**See definitions. Please don't include paediatric or neonatal intensive care*

- Not Applicable Unknown

4. How many adult critical care beds are available at this hospital?

If there are multiple units at this hospital, please include the total number of adult critical care beds (level 2/3)

- Not Applicable Unknown

5. Which of the following do patients in critical care have access to:

- Specialist seating such as stretcher (patslide) chair
 Tilt in space or recliner chair
 Standard arm chair
 Full hoist
 Standing hoist
 Standing frame
 Cycle ergometer
 Specialist communication equipment e.g. IPAD
 Flexible Endoscopic Evaluation of Swallowing (FEES)
 Therapy gym space
 Dedicated rehabilitation area
 Outdoor space
 None of the above

Please specify any additional options here...

C. Policies and protocols relating to rehabilitation

1a. Does this hospital have a policy/ protocol/ standard operating procedure (SOP)/ guideline specifically covering the delivery of rehabilitation for patients who have had a stay on critical care?

- Yes No Unknown

1b. If answered "Yes" to [1a] then:

If Yes, does this incorporate NICE CG83 (Rehabilitation after critical illness in adults)

- Yes No Partially Unknown

**1c. If answered "Yes" to [1a] then:
Is it audited?**

- Yes No Unknown

**1d. If answered "Yes" to [1c] then:
When was this last audited?**

Unknown

2. If answered "Yes" to [1a] then:

Which patients' rehabilitation care does the policy/ protocol/ SOP/ guideline cover?

Answers may be multiple, please select all that apply

- All patients receiving critical care (Level 2/3)
 Any patient receiving critical care (Level 2/3) for 4 or more days
 Patients receiving Level 3 care
 Certain high risk patients receiving Level 3 care

Please specify any additional options here...

3. If answered "Yes" to [1a] then:

Which parts of the patient's care pathway are covered by the policy/ protocol/ guideline/ SOP?

Answers may be multiple, please select all that apply

- Rehabilitation care in critical care
 Continuing rehabilitation care following step-down to the ward
 Continuing rehabilitation care following discharge from hospital at follow-up appointment(s)
 Continuing community-based rehabilitation care following discharge from hospital

Please specify any additional options here...

4a. Do you have a policy for the identification and management of delirium in critical care?

- Yes No Unknown

**4b. If answered "Yes" to [4a] then:
Please provide details:**

5a. Does the hospital have a policy/protocol detailing which healthcare professionals are considered to have the appropriate competencies to carry out clinical assessments and coordinate the person's rehabilitation pathway?

- Yes No Unknown

**5b. If answered "Yes" to [5a] then:
Please provide details:**

Rehabilitation in critical care

1a. Do all patients admitted to critical care undergo an initial screening of rehabilitation need within 24 hours of admission to the unit?

In order to identify high-risk patients

- Yes No Unknown

**1b. If answered "No" to [1a] then:
If no, please explain:**

2a. Do patients undergo a comprehensive assessment of rehabilitation need whilst on critical care?

- Yes No Unknown

2b. If answered "Yes" to [2a] then:

When does the comprehensive assessment of rehabilitation needs take place?

- Within 4 days of admission to critical care Within 5 days of admission to critical care
 Within one week of admission to critical care Not specified when

If not listed above, please specify here...

2c. If answered "Yes" to [2a] then:

Does the comprehensive assessment of rehabilitation need, include a review of:

Answers may be multiple, please select all that apply

- | | | |
|--|--|---|
| <input type="checkbox"/> Physical function | <input type="checkbox"/> Mobility | <input type="checkbox"/> Nutrition |
| <input type="checkbox"/> Swallow | <input type="checkbox"/> Communication | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Sleep status | <input type="checkbox"/> Past medical history |
| <input type="checkbox"/> Social status | <input type="checkbox"/> Unknown | |

Please specify any additional options here...

3a. Are patients assigned a named healthcare professional / key worker to coordinate their rehabilitation pathway?

- Yes - All patients Yes - Certain patients (please specify below)
 No Unknown

**3b. If answered "Yes - Certain patients (please specify below)" to [3a] then:
Please specify which patients:**

4. Which of the following routinely occurs prior to/ at discharge from critical care:

Answers may be multiple, please select all that apply

- Re-assessment of the patient's rehabilitation needs
 Update to the patient's rehabilitation plan
 Formal written handover of patients' rehabilitation needs/ goals
 Physical handover of care e.g. joint sessions with critical care and ward staff
 Review of medication
 Update to the patient/ their family
 None of the above

Please specify any additional options here...

Discharge from hospital and follow up

5. Which of the following routinely occurs prior to/when patients are discharged from hospital?

For patients who have had a stay on critical care; Answers may be multiple, please select all that apply

- Re-assessment of rehabilitation need
- Any required updates to the rehabilitation plan
- Onward referrals to community-based rehabilitation services
- Follow-up appointment made with critical care
- Medication review
- Patients provided with written information about their rehabilitation plan
- Patients provided with telephone contact number (for support post-discharge)
- Patients provided with rehabilitation coordinator details
- Patients provided with rehabilitation patient passport
- Patients signposted to support groups/ resources e.g. ICU Steps
- Discharge summary shared with the patient's GP

Please specify any additional options here...

6a. If answered "Follow-up appointment made with critical care" to [5] then: Which patients are eligible to attend an appointment at the critical care follow-up clinic?

- All patients who had a stay on critical care (Level 2/3)
- Patients who had been on critical care for 4 or more days
- Patients who had been ventilated (for a specified time)
- Patients with severe illness/ comorbidity
- Other high risk patients
- Unknown

Please specify any additional options here...

6b. If answered "Follow-up appointment made with critical care" to [5] then: Who is the follow-up appointment with?

Answers may be multiple, please select all that apply

- Critical care consultant
- Critical care nurse
- Physiotherapist
- Occupational therapist
- Speech and language therapist
- Practitioner psychologist
- Rehabilitation specialist

Please specify any additional options here...

6c. If answered "Follow-up appointment made with critical care" to [5] then: Which of the following routinely occurs at the critical care follow-up clinic?

Answers may be multiple, please select all that apply

- Re-assessment of rehabilitation need
- Any required updates to the record of the patient's rehabilitation needs
- Any required update to the patient's rehabilitation plan
- Further referrals to community-based rehabilitation services (if required)
- Further referrals to follow-up appointment(s) at this hospital (if required)
- Further referrals to rehabilitation services via the patient's GP (if required)

Please specify any additional options here...

**6d. If answered "Follow-up appointment made with critical care" to [5] then:
Please select the statement that best describes how the critical care follow-up service is funded**

- Fully funded through the NHS Alternative funding source/s Funded but at risk
 Not funded

If not listed above, please specify here...

**7. If answered "Onward referrals to community-based rehabilitation services" to [5] then:
At discharge, is there referral access to the following:**

Answers may be multiple

- Physiotherapy Occupational therapy Speech and language therapy
 Dietetics Practitioner psychologist Unknown

Please specify any additional options here...

8. Following discharge from hospital, are patients who have had a stay on critical care routinely offered a supported visit to critical care?

- Yes No Unknown

Communication and documentation of rehabilitation care

9. Is there a standard document/ booklet/ proforma (or specific section of the notes) dedicated to recording the patient's rehabilitation care?

E.g. rehabilitation pathway

- Yes No Unknown

10. As standard, is an "All about me" (or equivalent) document completed for each patient in critical care?

*A document listing key information about the patient, including likes and dislike to aid communication aid for people who are not able to express themselves due to illness or disability.
<https://www.england.nhs.uk/north/wp-content/uploads/sites/5/2018/05/Practical-guidance-Person-centred-care-dementia-depression-and-delirium.pdf>*

- Yes No Unknown

11. Are patient diaries (or equivalent) routinely used in critical care to share with patients a record of their time on the critical care unit?

- Yes No Unknown

12. Are bedside rehabilitation boards (or equivalent) used in critical care to inform patients of their daily and weekly rehabilitation goals and achievements?

- Yes No Unknown

13. For people on a rehabilitation care pathway, at hospital discharge, how is documentation of rehabilitation need/ plan communicated between this hospital and other providers of rehabilitation care?

Answers may be multiple, please select all that apply

- Discharge summary sent to the patient's GP
- Discharge summary sent to community providers of rehabilitation care
- Shared access of electronic rehabilitation notes between providers
- Rehabilitation patient passport (or equivalent)
- Inpatient rehabilitation notes sent to onward providers of rehabilitation care
- Unknown
- None of these

Please specify any additional options here...

E. Staffing and multidisciplinary provision for rehabilitation

1. On critical care (at this hospital), which members of the MDT do patients have access to:

Answers may be multiple, please select all that apply

- Physiotherapist
- Occupational therapist
- Speech and language therapist
- Dietitian
- Practitioner psychologist
- Therapy support workers dedicated to rehabilitation
- None of the above

Please specify any additional options here...

2a. If answered "Physiotherapist" to [1] then:

How many whole time equivalent (WTE) physiotherapists are part of the multidisciplinary team delivering rehabilitation in critical care?

Unknown

2b. If answered "Occupational therapist" to [1] then:

How many whole time equivalent (WTE) occupational therapists are part of the multidisciplinary team delivering rehabilitation in critical care?

Unknown

2c. If answered "Speech and language therapist" to [1] then:

How many whole time equivalent (WTE) speech and language therapists are part of the multidisciplinary team delivering rehabilitation in critical care?

Unknown

2d. If answered "Dietitian" to [1] then:

How many whole time equivalent (WTE) dietitians are part of the multidisciplinary team delivering rehabilitation in critical care?

Unknown

2e. If answered "Practitioner psychologist" to [1] then:

How many whole time equivalent (WTE) practitioner psychologists are part of the multidisciplinary team delivering rehabilitation in critical care?

Unknown

3a. Are any of these positions ring-fenced for the critical care rehabilitation service?

ie. Funding for the position(s) is guaranteed and will not be spent on anything else

- Yes No Unknown

3b. If answered "Yes" to [3a] then:

Please provide details:

4. Following step-down from critical care, which of following would patients typically have regular access to on the ward:

Answers may be multiple, please select all that apply

- Physiotherapy
- Speech and language therapy
- Occupational therapy
- Dietetics
- Practitioner psychologist
- Critical care outreach team
- Critical care nursing
- Critical care physiotherapy
- Critical care speech and language therapy
- Critical care occupational therapy
- Critical care practitioner psychologist
- Critical care dietetics
- Therapy support workers dedicated to rehabilitation
- Rehabilitation medicine consultant
- Unknown

Please specify any additional options here...

5. Which of the following meet GPICS standards* for minimum staffing levels in critical care at this hospital?

**Please see definitions; answers may be multiple, please select all that apply*

- Medical staff
- Nursing staff
- Physiotherapy
- Speech and language therapy
- Occupational therapy
- Practitioner psychologist
- Dietetics

Please specify any additional options here...

6a. Please provide details of the rehabilitation service that is provided in critical care:

- Full MDT 24/7
- Full MDT rehabilitation service provided Monday-Friday (every day), more limited coverage on weekends
- Full MDT rehabilitation service provided Monday-Friday, no coverage on weekends
- Some services (not full MDT) provided 7 days / week
- Limited services (not full MDT) provided Monday to Friday (every day), no coverage on weekends
- Limited service (not full MDT) providing services less frequently than every day (Monday to Friday)

If not listed above, please specify here...

6b. Please provide details of the rehabilitation service provided on the ward following step-down from critical care

- Full MDT rehabilitation 24/7
- Full MDT rehabilitation service provided Monday-Friday (every day), more limited coverage on weekends
- Full MDT rehabilitation service provided Monday-Friday, no coverage on weekends
- Some services (not full MDT) provided 7 days / week
- Limited services (not full MDT) provided Monday to Friday (every day), no coverage on weekends
- Limited service (not full MDT) providing services less frequently than every day (Monday to Friday)

If not listed above, please specify here...

7. How frequently do rehabilitation MDT meetings take place on critical care?

- Weekly (or more frequently) Fortnightly Monthly
 Less frequently than monthly Not at all

If not listed above, please specify here...

8. How frequently do ward rounds for rehabilitation take place in critical care?

- Daily 2-3 times per week Weekly
 Fortnightly Monthly Less frequently than monthly
 Not at all Unknkown

If not listed above, please specify here...

9a. Are there any gaps in the staffing for the multi-disciplinary team providing rehabilitation that you are aware of?

- Yes No Unknown

**9b. If answered "Yes" to [9a] then:
Please provide details:**

1a. Is there a hospital lead for ICU rehabilitation?

- Yes No Unknown

**1b. If answered "Yes" to [1a] then:
What is their position?**

- | | |
|--|--|
| <input type="radio"/> Senior physiotherapist | <input type="radio"/> Consultant in critical care medicine |
| <input type="radio"/> Senior critical care nurse | <input type="radio"/> Rehabilitation specialist |
| <input type="radio"/> Senior speech and language therapist | <input type="radio"/> Senior occupational therapist |
| <input type="radio"/> Senior dietitian | |

If not listed above, please specify here...

1c. If answered "Yes" to [1a] then:

Does the clinical lead have designated PAs in their job plan for this leadership activity?

- Yes No Unknown

2. What in your opinion, could be improved in the provision for rehabilitation for critical care patients at this hospital?

3a. Is there any quality improvement work or examples of good practice in rehabilitation following critical care at this hospital that you would like to share?

- Yes No Unknown

**3b. If answered "Yes" to [3a] then:
Please provide details:**

4. Please put any other comments about rehabilitation following critical care in the box provided:

Thank you for completing this questionnaire, your input will add to the NCEPOD report to be published Spring/ Summer 2025