Treat as One
Bridging the gap between mental and physical healthcare in general hospitals

The Facts

- 552 cases reviewed - patients admitted to a general hospital who also had a mental health condition
- 21% of patients did not have their mental health history recorded at admission
- 231 general hospitals provided information on the mental healthcare they provided
- 46% of patients had a mental health review by a liaison psychiatrist whilst in hospital
- 1323 healthcare professionals responded to a survey on the training they received to look after patients with mental health conditions in a general hospital
- 53% of patients did not have an adequate risk management plan made at consultant review
- 46% of hospitals provided basic mandatory training in mental healthcare
- 126 hospitals in the UK reported having a liaison psychiatry team available 24/7 or during extended working hours
- 11% of general hospitals had shared/complete access to mental health notes

Healthcare professionals who took the survey said:

11% had no basic training in mental health awareness
39% had no training dealing with patients who self-harmed
21% had no training in mental health capacity assessment
59% had no training in psychotropic medications
19% had no training in managing violence or aggression
41% had no training in undertaking a risk assessment
TO IMPROVE THE PROVISION OF MENTAL HEALTHCARE IN GENERAL HOSPITALS WE NEED TO:

- **THINK** about mental health
- **DOCUMENT** mental health conditions
- **COMMUNICATE** with colleagues and ask for help
- **PROVIDE** mental healthcare services and **SUPPORT** general hospital staff
- **TRAIN** general hospital staff to be able to feel **CONFIDENT** in helping patients with mental health conditions
- **INTEGRATE** mental healthcare and physical healthcare
- **SHARE** case notes between hospitals and systems
- **PLAN** to ensure your hospital is an accredited service

**Undertake early:**
- RISK ASSESSMENTS
- MANAGEMENT PLANS
- DISCHARGE PLANS