

# NCEPOD Time to Intervene.

Hospital Number \_\_\_\_\_

## Patient population, initial assessment and first consultant review

| Recommendations   | Data collection tool   | Response            | Action required |
|---|--|---------------------|-----------------|
| Standards of clerking/examination and recording thereof should be improved. Each hospital should ensure that the detail required in clerking and examination is explicit and communicated to doctors-in-training as part of the induction process. A regular (6-monthly) audit of performance against these standards should be performed and reported through the clinical governance structure of the organisation. | Q9a – Data taken from  | Refer to audit tool |                 |
|   | Q9b – Time of initial assessment                                     | Refer to audit tool |                 |
|   | Q9b – Date of initial assessment                                     | Refer to audit tool |                 |
|   | Q9c – Grade of clinician that carried out the initial assessment     | Refer to audit tool |                 |
|   | Q9d – Specialty of clinician that carried out the initial assessment | Refer to audit tool |                 |
|   | Q10 – Did the initial assessment cover:                              |                     |                 |
|   | a) The presenting complaint  | Yes                 | No              |
|   | b) The history of presenting complaint                               | Yes                 | No              |
|   | c) Past medical history  | Yes                 | No              |
|   | d) Drug history  | Yes                 | No              |
|   | e) Social history  | Yes                 | No              |
|   | f) Assessment of ADL   | Yes                 | No              |
|   | g) Physical assessment of the following symptoms                     |                     |                 |
|   | i. Cardiovascular  | Yes                 | No              |
|   | ii. Respiratory  | Yes                 | No              |
| iii. CNS  | Yes  | No                  |                 |
| iv. Gastro-intestinal   | Yes  | No                  |                 |
| v. Genito-urinary   | Yes  | No                  |                 |
| Q11 – Did the initial assessment provide:   |  |                     |                 |
| a) Differential diagnosis   | Yes  | No                  |                 |
| b) Investigation plan   | Yes  | No                  |                 |
| c) Physiological monitoring plan  | Yes  | No                  |                 |
| d) Treatment plan   | Yes  | No                  |                 |
|   |  |                     |                 |

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| <p>Hospitals must ensure appropriate supervision for doctors-in-training. Delays in escalation to more senior doctors due to lack of recognition of severity of illness by doctors in training are unacceptable and place patients at risk.</p>                       | <p>Q12 – Did the doctor performing the initial clerking appreciate the severity of the situation?</p> <p>Q14 – Did the doctor performing the initial clerking escalate to a more senior doctor in a timely fashion?</p> <p>Q26 – In the 48 hours prior to cardiac arrest please grade the following on a scale of 1-9 , where 1 = very poor and 9 = excellent</p> <ul style="list-style-type: none"> <li>a) Organisational aspects of care</li> <li>b) Clinician’s knowledge</li> <li>c) Appreciation of clinical urgency</li> <li>d) Supervision of junior staff</li> <li>e) Advice from senior doctors</li> </ul>   | <p>Yes</p> <p>Yes</p> <p>6-9</p> <p>6-9</p> <p>6-9</p> <p>6-9</p> <p>6-9</p>   | <p>No</p> <p>No</p> <p>1-6</p> <p>1-6</p> <p>1-6</p> <p>1-6</p> <p>1-6</p>                              |  |
| <p>Each Trust/Hospital must provide sufficient critical care capacity or pathways of care to meet the needs of its population.</p>  | <p>Q15a – To what level of care was the patient admitted?</p> <p>Q15b – In your opinion, to what level of care should the patient have been admitted?</p> <p>Q16a – Were there any delays in admitting the patient?</p> <p>Q16b – If YES, please provide details</p> <p>Q16c – If YES, did they affect the outcome?</p>   | <p>Refer to audit tool</p> <p>Refer to audit tool</p> <p>Yes</p> <p>Refer to audit tool</p> <p>Yes</p>                     | <p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p>   |  |
| <p>Each entry in a patient’s case notes must contain date, time, location of patient and name and grade of staff and their contact details. It must also contain information on the most senior team member present during that patient contact (name and grade).</p> | <p>Q17a – How many entries are there during the 48 hours prior to cardiac arrest in the case notes?</p> <p>Q17b – How many included:</p> <ul style="list-style-type: none"> <li>i. The date of review</li> <li>ii. The time of review</li> <li>iii. The location of the patient at the time of review</li> <li>iv. The name of the clinician undertaking the review</li> <li>v. The grade of clinician undertaking the review</li> <li>vi. The contact details of the clinician undertaking the review</li> <li>vii. The name of the most senior team member present during the patient review</li> <li>viii. The grade of the most senior team member present during the review</li> </ul> | <p>Refer to audit tool</p> <p>100%</p> <p>100%</p> <p>100%</p> <p>100%</p> <p>100%</p> <p>100%</p> <p>100%</p> <p>100%</p> | <p>0-99%</p> <p>0-99%</p> <p>0-99%</p> <p>0-99%</p> <p>0-99%</p> <p>0-99%</p> <p>0-99%</p> <p>0-99%</p> |  |
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| <p>As previously recommended by NCEPOD and the RCP, all acute admissions must be reviewed at consultant level within 12 hours of admission. Earlier consultant review may be required and arrangements should be in place to ensure that this is available. A regular (6-monthly) audit of performance against this standard should be performed and reported through the governance structure of the organisation.</p> | <p>Q18a – Can you identify the first consultant review?</p> <p>Q18b – If YES, what was the time of the first review?</p> <p>Q18b – If YES, what was the date of the first review?</p> <p>Q19 – What was the time from arrival to first consultant review?</p> <p>Q20 – In your opinion, was the consultant review obtained in an appropriate time frame?</p>   | <p>Yes</p> <p>Refer to audit tool</p> <p>Refer to audit tool</p> <p>&lt;12 hours</p> <p>Yes</p> | <p>No</p> <p>.</p> <p>&gt;12 hours</p> <p>No</p>                      |  |
| <p>CPR status must be considered and recorded for all acute admissions, ideally during the initial admission process and definitely at the initial consultant review when an explicit decision should be made and clearly documented (for CPR or DNACPR) . When, during the initial admission, CPR is considered as inappropriate, consultant involvement must occur at that time.</p>                                  | <p>Q13 – During the initial admission process, was resuscitation status:</p> <p>a) Considered</p> <p>b) Discussed</p> <p>c) Documented</p> <p>Q21 – During the first consultant review, was resuscitation status:</p> <p>a) Considered</p> <p>b) Discussed</p> <p>c) Documented</p> <p>Q22 – If a decision was made that CPR was inappropriate, was a consultant involved with making this decision?</p> | <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p>                    | <p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p> |  |

## Care before the cardiac arrest

| Recommendations  | Data collection tool   | Response |    | Action required |
|--|--|----------|----|-----------------|
| <p>For all patients requiring monitoring, there must be clear instructions as to the type and frequency of observations required. Where 'Track and Trigger' systems are used the initial frequency of observations should be clearly stated by the admitting doctor.</p> | <p>Q23a – Was the patient monitored on a standardised 'Track and Trigger' chart?</p> <p>Q23b – If YES, was the initial frequency of observation clearly stated by the admitting doctor?</p> <p>Q23c – If no standard 'Track and Trigger ' chart was used to monitor the patient, please state the documented request for type and frequency of physiological observations to be made:</p> <ul style="list-style-type: none"> <li>a) Pulse               <ul style="list-style-type: none"> <li>i. Frequency recorded</li> </ul> </li> <li>b) BP               <ul style="list-style-type: none"> <li>i. Frequency recorded</li> </ul> </li> <li>c) Respiratory rate               <ul style="list-style-type: none"> <li>i. Frequency recorded</li> </ul> </li> <li>d) Urine output               <ul style="list-style-type: none"> <li>i. Frequency recorded</li> </ul> </li> <li>e) Fluid balance               <ul style="list-style-type: none"> <li>i. Frequency recorded</li> </ul> </li> <li>f) CVP               <ul style="list-style-type: none"> <li>i. Frequency recorded</li> </ul> </li> <li>g) SpO<sup>2</sup> <ul style="list-style-type: none"> <li>i. Frequency recorded</li> </ul> </li> <li>h) Other               <ul style="list-style-type: none"> <li>i. Frequency recorded</li> </ul> </li> </ul> <p>Q24 – Are there instructions to the nurses as to when to alert the medical staff in the event of deterioration in specific variables?</p> | Yes      | No |                 |
|  |  | Yes      | No |                 |
| <p>Where patients continue to deteriorate after non-consultant review there should be escalation of patient care to a more senior doctor. If this is not done, the reasons for non-escalation must be clearly documented in the case notes.</p>                          | <p>Q25a – If the patient continued to deteriorate after non-consultant review, was there an escalation of care to a more senior doctor?</p> <p>Q25b – If NO, was the reason for non-escalation clearly recorded in the case notes?</p>   | Yes/NA   | No |                 |
|  |  | Yes      | No |                 |
|  |  |          |    |                 |

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| <p>Hospitals should undertake a detailed audit of the period prior to cardiac arrest to examine whether antecedent factors were present that warned of potential cardiac arrest and what the clinical response to these factors was.</p> | <p>Q34a – In your opinion were there warning signs that the patient was at risk of deterioration and cardiac arrest?</p> <p>Q34b – If YES, were these signs:</p> <ul style="list-style-type: none"> <li>a) Recognised well enough?</li> <li>b) Acted upon adequately?</li> <li>c) Communicated to appropriate seniority of doctor?</li> </ul> | <p>Refer to audit tool</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> | <p>No</p> <p>No</p> <p>No</p> |  |
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## Resuscitation status

| Recommendations  | Data collection tool  | Response            |    | Action required |
|--|---|---------------------|----|-----------------|
| <p>An effective system for recording all decisions and discussions relating to CPR/DNACPR must be established, allowing all people who may care for the patient to be aware of this information.</p> | <p>Q27 – Is there a record of Resuscitation Status at any point after admission to the time of cardiac arrest?</p>  | Yes                 | No |                 |
|  | <p>Q28 – Was the patient for resuscitation?</p>   | Refer to audit tool |    |                 |
|  | <p>Q29 – Was the grade of clinician who MADE the decision recorded in the case notes?</p>                           | Yes                 | No |                 |
|  | <p>Q30a – Is there a record in the case notes that the decision was discussed with the patient?</p>                 | Yes                 | No |                 |
|  | <p>Q30b – If YES, what grade of clinician had the discussion?</p>   | Refer to audit tool |    |                 |
|  | <p>Q31a –Is there a record in the case notes that the decision was discussed with the relatives?</p>                | Yes                 | No |                 |
|  | <p>Q31b – If YES, what grade of clinician had the discussion?</p>   | Refer to audit tool |    |                 |
|  | <p>Q32 – Where a DNAR decision has been made, in your opinion does it comply with the following:</p>                |                     |    |                 |
|  | <p>a) Effective recording on a form that will be recognised by all those involved with the care of the patient?</p> | Yes                 | No |                 |
| <p>b) Effective communication and explanation of DNAR decision with the patient (where appropriate)</p>  | Yes   | No                  |    |                 |
| <p>c) Effective communication and explanation of DNAR decision with patient’s family, friends and other representatives?</p>   | Yes   | No                  |    |                 |

## Resuscitation attempt

| Recommendations  | Data collection tool   | Response |    | Action required |
|--|--|----------|----|-----------------|
| All CPR attempts should be reported through the Trust/Hospital critical incident reporting system. This information should be reported to the Trust/Hospital Board on a regular basis. | Q35 – Was the cardiac arrest reported through the Trust/Hospital critical incident reporting system? | Yes      | No |                 |

## Period after the cardiac arrest

| Recommendations   | Data collection tool  | Response  |  | Action required |
|---|---|---|--|-----------------|
| <p>Each hospital should audit all CPR attempts and assess what proportion of patients should have had a DNACPR decision in place prior to the arrest and should not have undergone CPR, rather than have the decision made after the first arrest. This will improve patient care by avoiding undignified and potentially harmful CPR during the dying process.</p> | <p>Q27 – Is there a record of Resuscitation Status at any point after admission to the time of cardiac arrest?</p> <p>Q28 – Was the patient for resuscitation?</p> <p>Q33 – If there was no decision documented or the patient was documented as being 'For Resuscitation', should the patient have had a DNACPR decision made prior to their arrest?</p>   | <p>Yes</p> <p>Refer to audit tool</p> <p>Yes</p>  | <p>No</p> <p>No</p>  |                 |
| <p>Consultant input is required in the immediate post arrest period to ensure that decision making is appropriate and that the correct interventions are undertaken.</p>  | <p>Q37 – In your opinion, was the clinical care in the immediate (up to first hour) post arrest period:</p> <p>Q38a – In your opinion, was the decision making in the immediate (up to first hour) post arrest period:</p> <p>Q38b – If less than GOOD were there problems in:</p> <ul style="list-style-type: none"> <li>a) Speed of decision making?</li> <li>b) Seniority of decision making?</li> <li>c) Clarity of care required?</li> <li>d) Other</li> </ul> <p>Q39a – Was the responsible consultant/on-call consultant aware that the patient had suffered a cardiac arrest and resuscitation?</p> <p>Q39b – If YES, was this:</p> <p>Q40 – Can you identify the time of consultant review after cardiac arrest for:</p> <ul style="list-style-type: none"> <li>a) Responsible consultant?</li> <li>b) On-call consultant?</li> <li>c) ICU consultant</li> <li>d) Other consultant?</li> </ul> | <p>Good/<br/>Adequate</p> <p>Good/<br/>Adequate</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Immediately</p> <p>Yes/NA</p> <p>Yes/NA</p> <p>Yes/NA</p> <p>Yes/NA</p> | <p>Poor</p> <p>Poor</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>Delayed</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p> |                 |

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| <p>Coronary angiography and PCI should be considered in all cardiac arrest survivors where the cause of cardiac arrest is likely to be primary myocardial ishcaemia.</p> | <p>Q36a – In your opinion, was the aetiology of this arrest likely to be cardiovascular? (i.e. Myocardial ischaemia or primary rhythm problem)</p> <p>Q36b – If YES to 36a, was consideration given to coronary angiography?</p> <p>Q36c – If YES to 36a, was discussion undertaken with cardiology?</p> <p>Q36d – If YES to 36a, was angiography +/- intervention CONSIDERED?</p> <p>Q36e – If YES to 36d, was angiography +/- intervention PERFORMED?</p> | <p>Refer to audit tool</p>            | <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Refer to audit tool</p> | <p>No</p> <p>No</p> <p>No</p> |
| <p>Organ donation should be considered in every case where life sustaining therapies are being withdrawn.</p>  | <p>Q41 – If active life sustaining therapies were withdrawn, was organ donation CONSIDERED?</p> <p>Q41b – In your opinion, was the patient a potential organ donor?</p> <p>Q41c – If YES, was the patient referred to a specialist nurse for organ donation?</p>  | <p>Yes</p> <p>Refer to audit tool</p> | <p>Yes</p> <p>Yes</p>                                       | <p>No</p> <p>No</p>           |