



MENTAL HEALTH IN YOUNG PEOPLE

National Confidential Enquiry into Patient Outcome and Death (NCEPOD)

ORGANISATIONAL QUESTIONNAIRE - YOUNG PEOPLE

CONFIDENTIAL

Name of Trust: _____

Who completed this questionnaire?

Name: _____

Position: _____

What is this study about?

This study explores the quality of the care of young people with mental health issues across the UK.

Aims:

To identify the remediable factors in the quality of care provided to young people treated for mental health disorders.

To examine the interface between different care settings.

To examine the transition of care.

We will use the term "YOUNG PEOPLE" within this questionnaire to denote children and young people from the age of 11 to 16-18 years recognising that the point of transition to adult services is variable between and within organisations

How to complete the form:

Information will be collected using two methods; box cross and free text, where your opinion will be requested.

This form will be electronically scanned. Please use a black or blue pen. Please complete all questions with either block capitals or a bold cross inside the boxes provided e.g.

Following crisis or emergency referral, are there any standards set for assessment from time of referral?

Yes No

If you make a mistake, please "black-out" the incorrect box and re-enter the correct information, e.g.

Yes No

Unless indicated, please mark only one box per question.

Who should complete this form?

Mental Health Trust/Hospital/Board:

Clinical Directors and Lead Nurses in Children's and/or Adolescent Services

Acute Trust/Hospital/Board:

Clinical Directors and Lead Nurses in Children's and/or Adolescent Services

To ensure confidentiality of the data, completed questionnaire must be returned directly to NCEPOD in the SAE provided.

Questions or help?

A list of definitions is provided on page 2 of the questionnaire.

If you have any queries about this study or this questionnaire, please contact

ypmh@ncepod.org.uk

Or telephone: 020 7251 9060

Thank you for taking the time to complete this questionnaire. The findings of the study will be published in late 2017.

ORGANISATIONAL ID

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DEFINITIONS

Network of care (general)	'linked groups of health professionals and organisations from primary, secondary and tertiary care, and social services and other services working together in a co-ordinated manner' DH 2005. A guide to promote a shared understanding of the benefits of managed local networks
Informal network of care	'A collaboration between health professionals and/or organisations from primary, secondary and/or tertiary care, and other services, aimed to improve services and patient care, but without specified accountability to commissioning organisations'. These include: Clinical Association: An informal group that corresponds or meets to consider clinical topics, best practice and other areas of interest. Clinical Forum: A group that meets regularly and has an agenda that focuses on clinical topics. There is an agreement to share audit and formulate jointly agreed clinical protocols. Developmental Network: This group is a Clinical Forum that has started to develop a broader focus other than purely clinical topics, with an emphasis on service improvement.
Formal network of care (Managed clinical networks)	'A collaboration between health professionals and/or organisations from primary, secondary and/or tertiary care, and other services working together in a coordinated manner with clear accountability arrangements'. This network, which includes the function of a Clinical Forum, has a formal management structure with defined governance arrangements and specific objectives linked to a published strategy.
Young people's mental health services	Mental health services which provide advice, support and treatment for young people with mental health conditions, of any level of severity, for young people between the ages of 11-25.
Child and Adolescent Mental Health services	Services that are available in every local area to help children and young people who have mental health difficulties. These services can help their families too. Mental health specialists work in teams in Child and Adolescent Mental Health services to make sure that each person gets all the help they need. (Young Minds, 2016. http://www.youngminds.org.uk/for_children_young_people/a_guide_to_mental_health_services/glossary)
Tiers*	Tier 1: Child and Young Person's Mental Health service at this level are provided by practitioners who are not mental health specialists working in universal services; this includes GPs, health visitors, school nurses, teachers, social workers, youth justice workers and voluntary agencies. Practitioners will be able to offer general advice and treatment for less severe problems, contribute towards mental health promotion, identify problems early in their development, and refer to more specialist services. Tier 2: Practitioners at this level tend to be CAMHS specialists working in community and primary care settings in a uni-disciplinary way (although many will also work as part of Tier 3 services). For example, this can include primary mental health workers, psychologists and counsellors working in GP practices, paediatric clinics, schools and youth services. Practitioners offer consultation to families and other practitioners, outreach to identify severe or complex needs which require more specialist interventions, assessment (which may lead to treatment at a different tier), and training to practitioners at Tier 1. Tier 3: This is usually a multi-disciplinary team or service working in a community mental health clinic or child psychiatry outpatient service, providing a specialised service for children and young people with more severe, complex and persistent disorders. Team members are likely to include child and adolescent psychiatrists, social workers, clinical psychologists, community psychiatric nurses, child psychotherapists, occupational therapists, art, music and drama therapists. Tier 4: These are essential tertiary level services for children and young people with the most serious problems, such as day units, highly specialised outpatient teams and in-patient units. These can include secure forensic adolescent units, eating disorders units, specialist neuro-psychiatric teams, and other specialist teams (e.g. for children who have been sexually abused), usually serving more than one district or region. *It is recognised organisations are moving away from the use of tiers, however tiers are referred to within the questionnaire as a term commonly used and recognised across the four nations
Third sector services	Mental Health services for Young people provided by voluntary not for profit organisations
Transition	"The process of moving from children's to adult services. It refers to the full process including initial transfer between services, and support throughout" (NICE Transition from children's to adult's services for young people using health or social care services. Draft for consultation, September 2015)



A. THE SITE/FACILITY/ORGANISATION

Please complete this questionnaire in relation to the care provided to children and adolescents as defined by this organisation.

For the remainder of this questionnaire children and adolescents (as defined by your organisation) will be referred to as young people.

The facility will be referred to as the 'organisation'. Please answer all questionnaire with regards to the services provided by this organisation.

- 1a. Does this organisation provide care for children? Yes No
- 1b. If YES, up to what age does this organisation provide care for children?
(What does your organisation define as a child?) Years
- 1c. If YES, is there a lead clinician or team for the care of children admitted as the result of a mental health condition? Yes No
- 2a. Between what ages does this organisation define as an "adolescent"?
- 2b. Does this organisation provide care for adolescents? Yes No
- 2c. If YES to 2b, in general, does the care of adolescents fall under the care of a:
 Paediatric pathway Specific adolescent pathway Adult pathway
- 2d. Does this organisation have a specific adolescent ward? Yes No
- 2e. Is there a lead clinician or team for adolescent care? Yes No
- 2f. Is there a lead clinician or team for the care of adolescents admitted as a result of a mental health condition? Yes No
- NA - no lead clinician or team for children who are admitted as a result of a mental health condition
3. Over what age would a service user routinely access adult mental health services? (What does your Trust/Hospital/Board define as an adult?) Years
4. Is there an agreed written transition pathway? Yes No



5. Please state on behalf of what type of organisation you are completing this questionnaire

- Mental Health Trust/Hospital/Health Board **(Please complete sections A & C)**
- Community Trust/Hospital/Health Board that provides mental health services
(Please complete sections A & C)
- Combined Mental Health and Community Trust/Hospital/Health Board
(Please complete sections A & C)
- NHS Acute Trust/Hospital/Health Board WHICH PROVIDES MENTAL HEALTH SERVICES ON SITE and includes the care of young people aged 11-25 years
(Please complete sections A & C)
- NHS Acute Trust/Hospital/Health Board which DOES NOT PROVIDE ON SITE MENTAL HEALTH SERVICES and includes the care of young people aged 11-25 years (There are no on site mental health professionals, but medical care is provided)
(Please complete sections B & C)
- Independent provider of mental health services **(Please complete sections A & C)**
- Voluntary or Charitable Sector providing mental health services
(Please complete sections A & C)
- Other Trust/Organisation/Health Board providing mental health services to young people aged 11-25 years
(Please complete sections A & C)

For the remainder of this questionnaire this facility will be referred to as the 'organisation'. Please answer all questions with regards to the services provided by this organisation.



SECTION A

TO BE COMPLETED BY:

- Mental Health Trust/Hospital/Health Board
- Community Trust/Hospital/Health Board that provides mental health services
- Combined Mental Health and Community Trust/Hospital/Health Board
- NHS Acute Trust/Hospital/Health Board which PROVIDES MENTAL HEALTH SERVICES ON SITE and includes the care of young people
- Independent provider of mental health services
- Voluntary or charitable sector providing mental health services
- Other Trust/Organisation/Health Board providing mental health services to young people

A. ACCESS TO SERVICES

1. We would like to know about the range of mental health services provided by this organisation. Please list all sites which provide specialist mental health services for young people with mental health conditions provided by this organisation, (for example all Child and Adolescent Mental Health Services (CAMHS) services, psychiatric services, psychology/counselling services)

	Name of service	Name of site	Nature of service A = Assessment B = Treatment C = Ongoing management	Is this service specifically for young children?
a.			<input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C	<input type="checkbox"/> Yes <input type="checkbox"/> No
b.			<input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C	<input type="checkbox"/> Yes <input type="checkbox"/> No
c.			<input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C	<input type="checkbox"/> Yes <input type="checkbox"/> No
d.			<input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C	<input type="checkbox"/> Yes <input type="checkbox"/> No
e.			<input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C	<input type="checkbox"/> Yes <input type="checkbox"/> No
f.			<input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C	<input type="checkbox"/> Yes <input type="checkbox"/> No
g.			<input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C	<input type="checkbox"/> Yes <input type="checkbox"/> No
h.			<input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C	<input type="checkbox"/> Yes <input type="checkbox"/> No
i.			<input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C	<input type="checkbox"/> Yes <input type="checkbox"/> No
j.			<input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C	<input type="checkbox"/> Yes <input type="checkbox"/> No



1. Continued.

	Name of service	Name of site	Nature of service A = Assessment B = Treatment C = Ongoing management	Is this service specifically for young children?
k.			<input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C	<input type="checkbox"/> Yes <input type="checkbox"/> No
l.			<input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C	<input type="checkbox"/> Yes <input type="checkbox"/> No
m.			<input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C	<input type="checkbox"/> Yes <input type="checkbox"/> No
n.			<input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C	<input type="checkbox"/> Yes <input type="checkbox"/> No
o.			<input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C	<input type="checkbox"/> Yes <input type="checkbox"/> No
p.			<input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C	<input type="checkbox"/> Yes <input type="checkbox"/> No
q.			<input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C	<input type="checkbox"/> Yes <input type="checkbox"/> No
r.			<input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C	<input type="checkbox"/> Yes <input type="checkbox"/> No

If this Trust/Health Board offers more than 18 services, please send details of these separately, using your Trust/Health Board name as the email header, to ypmh@ncepod.org.uk

B. PATHWAYS OF CARE

ROUTINE REFERRALS

2. In general, how are service users ROUTINELY REFERRED to young people's mental health services (CAMHs)?

To individual service

Common point of entry

Other (Please give details)

3. Is a record kept of the following:

The number of routine referrals to young people's mental health services

Yes No

The number of emergency referrals to young people's mental health services

Yes No

The number of accepted referrals to young people's mental health services

Yes No

The number of mental health referrals via. the Emergency Department

Yes No

The number of service users who Do Not Attend (DNA)

Yes No

The number of service users who are not accepted for treatment

Yes No



3a. Continued.

The number of accepted referrals to adult mental health services from young people's mental health services Yes No

The number of service users not accepted for treatment to adult mental health services from young people's mental health services Yes No

3b. Is there a written policy for service users who do not attend? Yes No

3c. In general, how are those service users who do not attend followed up? (Answers may be multiple)

No formal mechanism for follow up GP or community follow up requested

Follow up for certain age groups Followed up with repeat appointment

Other (Please give details)

4a. Are there specific pathways of care available for the following conditions in young people in this organisation?

Self harm Yes No Eating disorders Yes No

Anxiety Yes No Depression Yes No

4b. If YES to 4a, are there systems in place to review/audit variation in adherence/application of these pathways? Yes No

4c. If YES to 4a, are there systems in place to review/audit variation in outcome from these pathways? Yes No

4d. If YES, do these systems review patient related experience and outcome measures? Yes No

5. Is there leadership and nominated responsibility for the development and/or oversight of care pathways/bundles for the following conditions for young people in this organisation?

Self harm Yes No Eating disorders Yes No

Anxiety Yes No Depression Yes No

CRISIS AND EMERGENCY PATHWAYS

6. Does this organisation provide services for emergency referrals for mental health conditions in young people? Yes No

If NO, please go to question 16



If YES:

Within working hours (Monday – Friday, 08:00 – 17:59)

7. Generally, how are EMERGENCY REFERRALS to young people's mental health services made within working hours? e.g. from the Emergency Department (Answers may be multiple)

- To individual service Day time on call rota
 Common Point Entry (centralised triage system)
 Crisis Resolution & Home Treatment Service
 Other (Please give details)

8a. Where are emergency referrals for young people's mental health services seen and assessed? (Answers may be multiple)

- General hospital Young people's mental health (CAMHs) base
 Section 136 suite or equivalent Community site
 Other (Please give details)

8b. If seen and assessed WITHIN THE GENERAL HOSPITAL, is this within the: (Answers may be multiple)

- Emergency Department Assessment unit Paediatric ward area
 Other (Please give details)

8c. In the GENERAL HOSPITAL SETTING, are these services provided by: (Answers may be multiple)

- Dedicated on call liaison mental health teams for young people Dedicated on call liaison (mixed young people and adults)
 Crisis resolution team Community mental health teams
 Other (Please give details)

9a. Are there emergency mental health pathways specifically for young people in crisis?

Yes No

9b. If YES, are these pathways:

- Specified Emergency Care pathway/bundle for (all) acute mental health referrals in young people
 Specified Emergency Care pathway/bundle only for certain conditions e.g. Self Harm, Eating disorders

10a. Following crisis or emergency referral, are there any standards set for assessment from time of referral?

Yes No

10b. If YES, is this:

- Within 4 hours of referral Other (Please give details)

11. Is there a private/secure area in Emergency Departments &/or Assessment Units or equivalent which allows confidential psychiatric assessment?

Yes No



Out of working hours (Monday – Friday, 18:00 – 07:59, and weekends)

12. Generally, how are EMERGENCY REFERRALS to young people’s mental health services made OUTSIDE working hours?

- To individual service Day time on call rota
 Common Point Entry (centralised triage system) Crisis Resolution & Home Treatment Service
 Other (Please give details)

13a. Where are emergency referrals for young people’s mental health seen and assessed? (Answers may be multiple)

- General hospital Community site Young people’s mental health (CAMHs) base
 Designated place of safety (i.e. Section 136 (or equivalent) suite)
 Other (Please give details)

13b. If seen and assessed WITHIN THE GENERAL HOSPITAL, is this within the: (Answers may be multiple)

- Emergency Department Assessment unit Ward area
 Other (Please give details)

13c. In the GENERAL HOSPITAL SETTING, are these services provided by: (Answers may be multiple)

- Dedicated on call liaison mental health teams for young people Dedicated on call liaison (mixed young people and adults)
 Community mental health teams
 Other (Please give details)

14a. Are there out of hours emergency mental health pathways specifically for young people in crisis Yes No

14b. If YES, are these out of hours emergency pathways:

- Specified Emergency Care pathway/bundle for (all) acute mental health referrals in young people
 Specified Emergency Care pathway/bundle only for certain conditions e.g. Self Harm, Eating disorders

15a. Following Out of Hours crisis or emergency referral, are there any standards set for assessment from time of referral? Yes No

15b. If YES, is this:

- Within 4 hours of referral Other (Please give details)

SELF REFERRAL PATHWAY

16a. Is there provision for self referral? (e.g. open access drop in centre, common point entry, staffed telephone helpline) Yes No



16b. If YES to 16a, is this service available as:

A five days a week service (Mon – Fri)

A seven days a week service

Other (Please give details)

16c. If YES to 16a, does this include an out of hours service?

Yes

No

17. On average, what distances do young people need to travel for tier 4 within this organisation? (Please state furthest distance)

Miles

18a. Is there a private/secure area in Emergency Departments &/or Assessment Units or equivalent which allows confidential psychiatric assessment?

Yes

No

18b. If YES, are these facilities fully compliant with RCPsych standards? (in terms of access, security and monitoring)? (Quality Standards for Liaison Psychiatry Services, RPsych, 2014)

Yes

No

Unknown

C. SERVICES FOR THE LONGER TERM CARE AND TREATMENT OF PATIENTS WITH A MENTAL HEALTH DISORDER (TIER 4)

19. Does this organisation provide specialist inpatient (Tier 4) services specifically for young people with mental health conditions?

Yes

No

If NO, please go to question 26

IF YES:

20. If YES, please list the inpatient services provided (for example eating disorders services, psychiatric intensive care, forensic inpatient provision, early onset psychosis unit, perinatal mother/baby units etc). Please also provide details on who commissions these services.

	Name of service	Commissioned by whom?
i.		
ii.		
iii.		
iv.		
v.		

21. Is single room accommodation always available for young people in the 11-18 age group with mental health conditions at this organisation?

Yes

No



22. Is there clear separation of accommodation between genders for:

- Sleeping areas Yes No
- Washing and toilet areas Yes No
- Quiet living areas Yes No

23a. When a young person under 18 years with a severe mental health condition is unavoidably placed in a non-specialist setting (e.g. a paediatric medical ward or adult mental health ward) is there a process of support, rapid liaison and shared decision making with colleagues in Tier 4 services? Yes No

23b. Generally, when this event occurs in this organisation, is there appropriate advice and oversight from a named young people's mental health (CAMHS) clinician? Yes No

23c. Is young people's mental health (CAMHS) nursing routinely provided to support care? Yes No

23d. If YES to 23c, is this provided 24 hours a day, 7 days a week? Yes No

23e. If these events occur does it trigger incident analysis (e.g. SUI investigation, root cause analysis etc)? Yes No

23f. If YES to 23e, how often is this data reviewed?

- Monthly Three monthly Six monthly
- Other (Please give details)

23g. If these event trigger incident analysis, what action is taken? (Please tick all that apply)

- Local review of local cases Implementation of change Policy review
- Service improvement Meeting with commissioners Clinical audit
- Other (Please give details)

24a. As an alternative to inpatient care are intensive community based treatment services readily available for this organisation to refer young people to? (Please select the most appropriate answer)

- Yes (all diagnoses) Yes (dependent on diagnosis) No

24b. Does intensive community support cover children (as defined by this organisation)? Yes No

25. How does this organisation review and provide for the physical health needs of young people receiving inpatient young people's mental health services in either specialist or non-specialist provision?

Established and regular unit input from:

- Consultant paediatrician or physician General Practitioner
- Community General Nurse/Health Visitor/Midwife Dentistry
- Other (Please give details)



D. NETWORKS OF CARE

Networks of care are common in acute settings, however not as well recognised in mental health services. When answering these questions, please think about your service in relation to the definition of networks of care on page 2

26. Is this organisation a member within a network of care (informal or formal) for young people with mental health conditions? Yes No

If NO, please go to question 33

IF YES:

27. Are there arrangements in place for joint working between teams within the acute and mental health sectors? Yes No

- 28a. Would you regard this as a formal or informal arrangement? Formal Informal

- 28b. If FORMALISED, is there a nominated clinical lead for the network? Yes No

29. Is there a representative network forum which facilitates communication and joint working between network providers? Yes No

30. Does the network have regular communication in the following groups?

Name of service	Forum representation	Formal communication	Informal communication
Commissioners	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Acute Health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Young People's Mental Health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Adult Mental Health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Social care	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Education	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3rd Sector	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Independent mental health providers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Learning disability services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- 31a. Does the network provide/produce a record of routinely collected data including outcome measures for young people? Yes No



31b If YES, what data is collected? (Answers may be multiple)

- National datasets e.g. RCPsych, Health & Social Care Information Centre (HSCIC), NHS Scotland Standards
- NHS Benchmarking Patient Reported Outcome Measures
- Number of young people accessing specialist young people's mental health services (CAMHs)?
- Other (Please give details)

31c. Does the network share routinely collected data including outcome measures? Yes No

31d If YES, with whom is data shared? (Answers may be multiple)

- With organisation requesting data e.g. HSCIC Network organisations
- Commissioners and/or NHS Boards In public domain
- Other (Please give details)

32. Are there clear and funded organisation or network structures which recognise the additional mental health/wellbeing needs of the following at risk groups at transition:

- | | | | |
|--|------------------------------|-----------------------------|----------------------------------|
| Looked after young people | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Unknown |
| Young people with autism | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Unknown |
| Young people with ADHD | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Unknown |
| Young people with learning disability | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Unknown |
| Young people with emerging personality disorders | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Unknown |

E. TRANSITION

(This refers to the process of moving from children's to adult services - Please see definitions)

- 33a. Does this organisation have clear policies in place to ensure continuity of patient care, including close handover between professionals, and familiarisation with case histories, at all interfaces and points of transitions of care? Yes No
- 33b. Does the recognised transition framework or policy specify the following elements:
- A designated a specific care coordinator at transition? Yes No
- Clear written information including that of a key/lead contact within a particular agency? Yes No
- Clear information about emergency and out of hours access to advice if needed after transition? Yes No
- Regular and consistent age appropriate support at transition? Yes No



33c. Are there any specific variations in policies for the transition of patients with:

Self harm	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Eating disorders	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Anxiety	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Depression	<input type="checkbox"/> Yes	<input type="checkbox"/> No

33d. Does this organisation monitor how well your transition policy works? Yes No

34a. Is there a policy regarding the planning of transition for young people's care between mental health services for young people and those for adults? Yes No

34b. If YES, does this cover what will occur if the young person does not meet acceptance criteria for community (adult) mental health teams? Yes No

34c. Is there a designated professional that leads on the planning of transition of care between mental health services for young people and adults? Yes No

34d. Where not accepted by the adult community mental health teams, what other sources of support/information are in place? (Please select all that apply)

- | | |
|---|--|
| <input type="checkbox"/> Referral to a Psychological Therapies service (IAPT) | <input type="checkbox"/> Voluntary Sector services |
| <input type="checkbox"/> General Practitioner | <input type="checkbox"/> Primary care services (not IAPT/GP) |
| <input type="checkbox"/> Signposting to Independent Providers | <input type="checkbox"/> None |

35a. Within this organisation is transition to "adult" mental health services for young people based primarily on age? Yes No

35b. If YES, at what age does transition generally occur between Young Persons Mental Health services and Adult Mental Health (AMH) services? Years

35c. Is there some flexibility in terms of age at which transition occurs? (E.g. are there circumstances or particular mental health descriptors or diagnoses in which the age for transition differs?) Yes No

36. Are there clear and funded organisation or network structures which recognise the additional needs of the following at risk groups at transition:

- | | | |
|--|------------------------------|-----------------------------|
| Looked after young people | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Young people with autism | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Young people with ADHD | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Young people with learning disability | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Young people with emerging personality disorders | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Young people with psychosis | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Young people with eating disorders | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Young people in the justice system | <input type="checkbox"/> Yes | <input type="checkbox"/> No |



F. INVOLVEMENT OF YOUNG PEOPLE AND PARENTS AND PATIENT/PARENT/CARER INVOLVEMENT

- 37a.** Does this organisation conduct an annual survey of young people with mental health conditions about the care they have received? Yes No
- 37b.** If YES, are parents and carers included in this survey? Yes No
- 38a.** Does this organisation participate in any ongoing initiatives designed to assess progress in achieving a strategy which provides improvements in young patient participation? Yes No
- 38b.** If YES, are the views of young people routinely included in making these overall assessments of progress? Yes No
- 39a.** Within this organisation are young people routinely given a choice as to whether or not to include a parent at assessments? Yes No
- 39b.** Within this organisation are young people routinely given the choice as to whether to include a peer mentor or youth worker at assessments as an alternative to a parent or close family member? Yes No
- 40.** Does this organisation have a policy of routinely involving young people in goal setting and session by session monitoring of their progress? Yes No
- 41a.** Within this organisation are young people given the choice as to how therapeutic sessions are delivered (e.g. face to face, internet, telephone, group sessions?) Yes No
- 41b.** Are young people routinely informed about how they can make a complaint about their care? Yes No
- 42.** Are young people routinely informed about their right to a second opinion if they are not satisfied with services? Yes No
- 43a.** Does this organisation involve young people in the recruitment and selection of staff? Yes No
- 43b.** If YES, how are they involved? (Answers may be multiple)
- Involvement in content of job description Part of interview process
- Use of young person as referee Other (Please give details below)
-
- 44a.** Does this organisation have an active and representative service user group? Yes No
- 44b.** If Yes is the group routinely consulted about :
- | | | | | | |
|------------------|------------------------------|-----------------------------|----------------|------------------------------|-----------------------------|
| Service design | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Service change | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Key appointments | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Recruitment | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Staff training | <input type="checkbox"/> Yes | <input type="checkbox"/> No | | | |
- 44c.** Is there a young person lead or champion within this organisation? Yes No



45. Within this organisation, how are young people able to find out about local mental health services?
(Please tick all that apply)

- | | |
|---|---|
| <input type="checkbox"/> Website | <input type="checkbox"/> Facebook page |
| <input type="checkbox"/> School Councillors | <input type="checkbox"/> Written information/posters in key locations |
| <input type="checkbox"/> Drop in centres | <input type="checkbox"/> Helpline |
| <input type="checkbox"/> Embedded in curriculum and information for new students at School/College/University | |

Other (Please give details)

46. Within this organisation, is the communication strategy informed by the input and views of young people?

Yes No

47. Is information for young people and parents/carers routinely produced and made readily available in different languages?

Yes No



SECTION B

TO BE COMPLETED BY:

NHS Acute Trust/Hospital/Health Board which does not provide on site mental health services and includes the care of young people (There are no onsite mental health professionals, but medical care is provided)

A. ACCESS TO SERVICES

1. Is there a named dedicated lead for mental health services in young people in this organisation? Yes No
2. Are there specific pathways of care available for the following conditions in young people presenting to this organisation?
- | | | | | | |
|-----------|------------------------------|-----------------------------|------------------|------------------------------|-----------------------------|
| Self harm | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Eating disorders | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Anxiety | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Depression | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
3. Are acute health sector providers included in the development of these care pathways? Yes No
4. Is there leadership and nominated responsibility for the development and/or oversight of care pathways/bundles for the following conditions for young people presenting in this organisation?
- | | | | | | |
|-----------|------------------------------|-----------------------------|------------------|------------------------------|-----------------------------|
| Self harm | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Eating disorders | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Anxiety | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Depression | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
5. Within this organisation how do young people with existing chronic or severe PHYSICAL illness (e.g. diabetes, cystic fibrosis) access mental health/wellbeing support? (Please select all that apply)
- No specific additional/enhanced provision Specific Mental Health Liaison services
- Mental health support delivered alongside physical health provision as a routine (e.g. psychology services)
- Accelerated/specific care pathway/bundle to young people's mental health services (CAMHs)
- Other (Please give details)

CRISIS AND EMERGENCY PATHWAYS

6. By what route are emergency referrals prioritised and referred to young people's mental health services by this organisation? (Answers may be multiple)
- Specified Emergency Care pathway/bundle for all acute mental health referrals in young people
- Specified Emergency Care pathway/bundle only for certain conditions e.g. Self Harm, Eating disorders
- Dedicated on call liaison Psychiatry team
- Provision for self referral (e.g. open access drop in centre, manned telephone helpline)



- 7a. Is there an on call team for emergency mental health referrals in young people? Yes No
- 7b. If YES to 7a, does it provide:
- A five days a week service (Mon – Fri) A seven days a week service
- Other (Please give details)
- 7c. If YES to 7a, does this include an out of hours service? Yes No
- 8a. Is there a single point of contact to a multidisciplinary crisis team for young people? Yes No
- 8b. If YES, is this point of contact accessible 7 days a week? Yes No
- 8c. If YES to 8a, what is the average wait time during working hours (08.00-17.59)?
- < 1 hour 1-3 hours 3-6 hours Other
- 8d. If YES to 8a, what is the average wait time out of hours (18.00-07.59)?
- < 1 hour 1-3 hours 3-6 hours Other NA
9. On average, what distances do young people admitted to this organisation need to travel for tier 4 (or equivalent) services? (Please state furthest distance) Miles
10. Is there a private/secure area in Emergency Departments &/or assessment unit or equivalent which allows confidential psychiatric assessment? Yes No

B. CONTINUITY OF CARE

11. If a young person is receiving mental health care/has a mental health plan in place, what structures are in place to ensure joined up working/service integration for the individual patient with general health providers? (Answers may be multiple)
- Nominated lead for patient care (care coordinator) Jointly agreed guidance
- Joint professional meetings including review of complex cases Shared communication
- Jointly agreed care pathways/bundles Regular “gap” analysis
- Other (Please give details)
- 12a. When a young person under 18 years with a severe mental health condition is unavoidably placed in a non-specialist setting (e.g. a paediatric medical ward or adult mental health ward) is there a process of support, rapid liaison and shared decision making with colleagues in tier 4 services? Yes No
- 12b. Generally, when this event occurs in this organisation, is there appropriate advice and oversight from a named young person’s mental health (CAMHS) clinician? Yes No
- 12c. Is young people’s mental health (CAMHS) nursing routinely provided to support care? Yes No Unknown
- 12d. If YES to 12c, is this provided 24 hours a day, 7 days a week? Yes No
- 12e. If these events occur does it trigger incident analysis? Yes No Unknown



- 12f. Is data on this occurrence routinely collected and reviewed by this organisation? Yes No
13. In case of acute medical emergencies when a young person is undergoing inpatient mental health care, does this organisation have a recognised process to accept rapid direct referral to inpatient care? Yes No

C. NETWORKS OF CARE

14. Is this organisation a member of a Network of Care (informal or formal) for young people with mental health conditions? Yes No

If NO, please go to question 19

IF YES:

15. Are there arrangements in place for joint working between teams within the mental health and acute sectors? Yes No
- 16a. Would you regard this as a formal or informal arrangement? Formal Informal
- 16b. If FORMALISED, is there a nominated clinical lead for the network? Yes No
17. Is there a representative network forum which facilitates communication and joint working between network providers? Yes No
18. Does the network share routinely collected (mental health) data including outcome measures with your organisation? Yes No

D. TRANSITION

(This refers to the process of moving from children's to adult services - Please see definitions)

- 19a. When caring for young people with both physical and mental health needs is there a recognised framework for handover between young people's mental health teams and adult community mental health teams at transition? Yes No Unknown
- 19b. If NO, what is the provision for continuity of care for those young people NOT accepted by adult services? (Please tick all that apply)
- Referral to a Psychological Therapies service (IAPT) Voluntary Sector services
- General Practitioner Primary care services (not IAPT/GP)
- Signposting to Independent Providers None
20. Are there clear and funded organisation or network structures which recognise the additional mental health/wellbeing needs of the following at risk groups at transition:
- Looked after young people Yes No
- Young people with autism Yes No
- Young people with ADHD Yes No
- Young people with learning disability Yes No



20. Continued.

Young people with emerging personality disorders

Yes No

Young people with psychosis

Yes No

Young people with eating disorders

Yes No

Young people in the justice system

Yes No

E. INVOLVEMENT OF YOUNG PEOPLE AND PARENTS AND PATIENT/PARENT/CARER INVOLVEMENT

21a. Is information provided by your organisation about mental health services for young people in your area?

Yes No

21b. If YES, is it clear within this how mental health services for young people are integrated with general health services?

Yes No

22. Within this organisation, is the communication strategy informed by the input and views of young people?

Yes No

23. Are links provided to other recognised high quality national resources for information? E.g. Young Minds

Yes No

Continues overleaf



SECTION C

TO BE COMPLETED BY:

- Mental Health Trust/Hospital/Health Board
- Community Trust/Hospital/Health Board that provides mental health services
- Combined Mental Health and Community Trust/Hospital/Health Board
- NHS Acute Trust/Hospital/Health Board which PROVIDES MENTAL HEALTH SERVICES ON SITE and includes the care of young people
- NHS Acute Trust/Hospital/Health Board which DOES NOT PROVIDE ON SITE MENTAL HEALTH SERVICES and includes the care of young people (There are no onsite mental health professionals, but medical care is provided)
- Independent provider of mental health services
- Voluntary or charitable sector providing mental health services
- Other Trust/Organisation/Health Board providing mental health services to young people

A. GUIDELINES, POLICIES AND PROCEDURES (INCLUDING CONSENT)

- 1a. Are there agreed policies within the organisation upon initial assessment, referral and management of common mental health conditions in young people? Yes No
- 1b. If YES, are these closely aligned with national guidance e.g. NICE, SIGN? Yes No
- 2a. Does this organisation have access to guidance or a care pathway/bundle for the management of young people with SEVERE DEPRESSION Yes No
- 2b. If YES to 2a, does this contain clear referral criteria to local providers of mental health services for young people? Yes No
- 2c. If YES to 2a, does this guideline contain contact information for local providers of mental health services for young people including emergency contacts? Yes No
- 2d. If YES to 2a, is there collaboration/joint working on provision and review of these guidelines with other agencies including primary care, social care and acute medical paediatric/adult medical teams? Yes No
- 3a. Does this organisation have access to guidance or a care pathway/bundle for the management of young people with SELF HARM? Yes No
- 3b. If YES to 3a, does this provide clear referral criteria to local providers of mental health services for young people? Yes No
- 3c. If YES to 3a, does this guideline contain contact information to local providers of mental health services for young people including emergency contacts? Yes No
- 3d. If YES to 3a, is there collaboration/joint working on provision and review of these guidelines with other agencies including primary care, social care and acute medical paediatric/adult medical teams? Yes No
- 4a. Does this organisation have access to guidance or a care pathway/bundle for the management of young people with EATING DISORDERS? Yes No
- 4b. If YES to 4a, does this provide clear referral criteria to local providers of mental health services for young people? Yes No



- 4c. If YES to 4a, does this guideline contain contact information to local providers of mental health services for young people including emergency contacts? Yes No
- 4d. If YES to 4a, is there collaboration/joint working on provision and review of these guidelines with other agencies including primary care, social care and acute medical paediatric/adult medical teams? Yes No
5. Are emergency management algorithms for mental health available within this organisation specifically for young people? (e.g. acute psychosis) Yes No
- 6a. Does this organisation have a policy for consent in young people? Yes No
- 6b. Does this organisation have a policy and proforma for use in the assessment of mental capacity in young people? Yes No
7. Does this organisation have a policy for assessing the need for and implementing 1:1 support and supervision for young people with acute mental health needs admitted to the general hospital setting? Yes No
8. Does this organisation have a policy for communication of patient specific information to other provider organisations? Yes No
9. Does this organisation have a policy for communication of information to parents and carers? Yes No

B. SAFEGUARDING/CHILD PROTECTION AND SOCIAL CARE

10. Are services aligned/closely linked with local safeguarding young people/child protection services? Yes No NA
11. Do mental health and safeguarding/child protection services work together to provide:
- Joint/agreed guidance on the care of high risk groups (e.g. Looked after young people) Yes No
- Joint/agreed policy on reporting safeguarding/child protection concerns and sharing information between agencies Yes No
12. Does this organisation have a lead clinician with special responsibility for liaison with the young people/child protection team(s) about young people with mental health conditions? Yes No
13. In this organisation is there specific training for all involved in the health and care of young people with mental health conditions regarding their specific needs/vulnerabilities? Yes No

C. AUDIT/QUALITY IMPROVEMENT

- 14a. Does the care of young people with mental health disorders feature in regular multidisciplinary audit and/or quality improvement initiatives in this organisation? Yes No
- 14b. If YES, are the results of organisational and clinical audits, and data collection for quality improvement subject to peer review? (National or local) Yes No
- 14c. If YES to 14a, have these resulted in any changes in practice/service delivery within the last year? Yes No



15. Do practitioners in this organisation routinely conduct joint confidential multidisciplinary review of cases which examine the care of young people with mental health conditions?

Yes No Only if a problem cases arises (e.g. as part of serious incident review)

16. If this organisation is a young person's mental health service (CAMHs) provider, does it participate in regional or national Quality Improvement initiatives e.g. RCPsych, NHS Benchmarking, Quality Improvement Scotland Standards?

Yes No NA

THANK YOU FOR TAKING THE TIME TO COMPLETE THIS QUESTIONNAIRE



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